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Start Fitness

30 Butcher Row, Beverley, 01482 861859 www.startfitness.co.uk

This Broomwagon edition is sponsored by Start Fitness!

- FILA cycle shorts padded RRP £30.00 our price £12.99 or 2 pairs for £20.00
- Full range of Polar HRMs' at discounted prices including Polar S150 RRP£109.99 - our price at £89.99
- Nike Sphere Dry Fit L/S (slight seconds)
 RRP £37.99 to £14.99 & S/L to £12.99

Many other discounted lines available.....please call in!

The Thursday Night Chain Gang

has commenced again....meeting at 6pm from the new Dr's Surgery at Molescroft.....riding the standard road loop until the nights lighten.

Manchester Velodrome Trip

Saturday 23rd April, 7pm-9pm....a two hour track session with a fully qualified BCF coach. Places are limited to 15 and 6 places remain, call James on 07931 359127 to book your place!



VCB update from the chairman

Firstly I would just like to extend my thanks to Beverley Athletics Club for inviting us to their Dinner Dance and Presentation evening. I would also like to thank the VCB members that took up the invitation. Everybody seemed to have a really good time......this certainly looked the case by some of the strange looking shapes being thrown out on the dance floor! I thought that the evening was excellently organised and we were all made to feel very welcome, hopefully next year we will have more than one VCB table and you never know one day we may have a Dinner Dance of our own.

We have had some great news since the last newsletter. Mike Boyle and his wife have joined VCB. Mike is a British Cycling representative for Yorkshire and Humberside. As is already the case, Mike

will support us with his knowledge and experience to help us further develop the club. I would also like to welcome Paul Cutsforth and Rob Badger who have joined the club in the last month.

I would like to thank Start Fitness for sponsoring this edition of the Broom Wagon. Make sure you check out the advert to snap up some of the special offers.

The Manchester Velodrome trip in April is guaranteed to be a cracker. James and I recently took some school pupils to visit the facility. The day included an hour's tuition on the track. As you can imagine Day and Wilkinson were keen to get in and amongst the action (true Kes style!). It was a great experience to get a taste of 'riding the boards' and I'm sure the club trip will be a super event.

Happy pedalling - Jonathan, Club Chairman

VCB is supporting the East Yorkshire Classic and Charity Rotary ride!

The East Yorkshire Classic is a 100 mile premier event on the cycling calendar for professional cyclists. This is combined with a 15 mile family Rotary ride (around Cherry Burton/Etton/Dalton) departing five minutes after the main field at 10.05am. Both events, held on Sunday 19th June, will hopefully be supported by Velo Club Beverley members and allow us to get some free publicity, firstly on event promotional material. To promote the club further, VCB has also pledged to provide one years free club membership to every adult who enters the Rotary charity ride. In addition to this, the BCF will provide free BCF Bronze membership. Last year 100 riders entered the Rotary event and £2000.00 was raised for a number of charities.

Therefore, your support is requested in marshalling on the day with VCB members being asked to concentrate around the Westwood area for maximum exposure! This could be a great recruitment opportunity to attract new members and a great way to watch the race! Members will be fully briefed, receive jackets and lunch.....a further update will follow in April. *James Wilkinson*

Club Mobile Phone: 07984 174242

REMINDER: The Club Phone number, 07984 174242: we still intend to update the message weekly and keep the phone switched on every Sunday am!